

Menu Items Allergen Check List

Note – Please state the **name of the cereal(s) containing gluten*** and the **name of the nut(s)**** in the appropriate column

| <p>MENU ITEM</p> <p> Type menu items below and indicate allergens using a tick</p> | <p> Cereals*</p> | <p> Crustaceans</p> | <p> Eggs</p> | <p> Fish</p> | <p> Peanuts</p> | <p> Soybeans</p> | <p> Milk</p> | <p> Nuts**</p> | <p> Celery</p> | <p> Mustard</p> | <p> Sesame seeds</p> | <p> Sulphur dioxide & sulphites***</p> | <p> Lupins</p> | <p> Molluscs</p> |
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* Containing gluten (wheat, rye, barley & oats)
 ** Almonds, hazelnuts, walnuts, cashews, pecan, Brazil nuts, pistachio, macadamia
 *** e.g. found in sausages, burgers, wine
 Means the menu item contains this allergenic ingredient

For more information on how your food business can comply with these legal requirements, please visit www.fsai.ie/allergens or contact us at info@fsai.ie